

Supplementary Table 1. Effect of probiotic intervention on the growth and development of infants and young children (mean± standard deviation)

Index	IG (N=180)	CG (N=180)	t value	P value
Height (cm)				
Before intervention*	72.41±11.80	73.72±11.62	-1.06	0.289
After intervention*	80.65±9.76	80.84±9.52	-0.186	0.851
Weight (kg)				
Before intervention*	8.81±2.78	9.09±2.57	-0.99	0.321
After intervention*	10.98±2.79	10.85±2.21	0.49	0.62
Head circumference (cm)				
Before intervention*	43.86±3.92	44.25±3.50	-0.995	0.32
After intervention*	46.63±2.54	46.43±2.39	0.769	0.44

Values are presented as mean±standard deviation.

IG, intervention group; CG, control group.

*There was no significant difference between the probiotic intervention group and the placebo control group (P>0.05).