

Supplementary Table. Consequences of blood tests including complete blood count and thyroid function test

Variable	Mean±SD	Range
Complete blood count		
White blood cell (μL)	8,490±2,760	(4,090–16,990)
Hemoglobin (g/dL)	12.7±0.8	(10.9–14.6)
Hematocrit (%)	36.4±2.3	(31.9–41.4)
Platelet ($\times 10^3/\mu\text{L}$)	301.3±57.7	(171–445)
Thyroid function test		
Triiodothyronine (ng/mL)	1.5±1.3	(0.79–10.64)
Free thyroxine (ng/dL)	1.3±0.2	(0.98–2.01)
Thyroid Stimulating Hormone ($\mu\text{IU/mL}$)	2.9±2.3	(0.34–12.62)
Total protein (g/dL)	7.0±0.4	(6.1–7.9)
Albumin (g/dL)	4.3±0.2	(3.9–4.8)
Glucose (mg/dL)	88.9±12.1	(66–124)
Aspartate aminotransferase (IU/L)	25.9±6.2	(13–52)
Alanine aminotransferase (IU/L)	14.3±10.8	(7–89)
Alkaline phosphatase (IU/L)	241.0±56.0	(139–393)
Total bilirubin (mg/dL)	0.8±2.5	(0.28–1.41)
Total cholesterol (mg/dL)	160.2±21.3	(127–219)
Triacylglycerol (mg/dL)	112.7±91.8	(23–611)
Urea nitrogen (mg/dL)	11.8±2.9	(6.4–21.1)
Creatinine (mg/dL)	0.7±2.6	(0.25–0.65)
Sodium (mEq/L)	138.6±2.0	(133.7–142.2)
Potassium (mEq/L)	4.2±0.3	(3.8–5.3)
Chloride (mEq/L)	104.0±2.0	(98.6–108.5)
Calcium (mg/dL)	9.6±0.3	(8.8–10.4)
Phosphorus (mg/dL)	4.9±0.6	(3.4–6.2)
Uric acid (mg/dL)	3.9±0.8	(2.3–6.1)

SD, standard deviation.